

# Thermal and mechanical properties of polyurethanes modified with L-ascorbic acid

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**Abstract** In this study we report the thermal and mechanical properties of polyurethanes modified with ascorbic acid (AA). Ascorbic acid was used as a modifier at concentration of 1 or 2 mass%. The antioxidative properties of AA may improve the biocompatibility of the obtained materials, which were designed for biomedical applications. In this paper we describe characterization of obtained unmodified and ascorbic acid modified polyurethanes with the use of following methods: dynamic mechanical analysis, thermogravimetric analysis and mechanical tests including tensile strength, elongation at break, abrasive resistance, and hardness. Results of performed studies suggests that synthesized polyurethane materials may be suitable candidates for biomedical applications such as tissue scaffolds or implants, where required tensile strength is in the range of 1–14 MPa and elongation at break is approximately in the range of 100–380 %.

**Keywords** Polyurethane · Ascorbic acid · Biomedical field · Thermomechanical properties · Thermal analysis · Mechanical properties

## Introduction

Polyurethanes (PURs) are synthetic polymers of unique properties, which are directly related to their two-phase microstructure consisting of hard and soft segments. Hard

segments, derived from diisocyanates and low molecular weight chain extenders, possess high glass transitions. On the other hand, soft segments formed by polyols have low glass transitions [1–5]. Polyurethanes are commonly used medical devices such as catheters, wound dressings, drug delivery systems, artificial heart valves, vascular grafts, nerve implants, and tissue scaffolds [6]. These types of polyurethanes have to meet strict requirements of thermal, mechanical, physicochemical, and biological properties of biomedical materials. PURs have revealed also suitable biocompatibility, hemocompatibility, and biodegradability (if desired). In order to improve the thermal properties of polyurethanes, researchers modify them mostly by incorporating nanoparticles [7, 8] and proteins [9] or by changing the amount and type of monomers used for their synthesis [10]. To improve the mechanical properties of polyurethanes, often other polymers are used as modifiers for example epoxy resins [11–14]. Polyurethanes prepared with the use of suitable raw materials are biocompatible and may be biodegradable—this can be designed dependently on material destination [15, 16]. Tailoring of polyurethane properties like biodegradability or biocompatibility may be performed in many different ways but commonly biologically active substances are incorporated into the polyurethane chains [17]. The suitable choice of biologically active substance may improve the biocompatibility and/or biodegradability of final PUR product, but it can also influence on its mechanical performance and thermal properties. One of such bioactive substance may be ascorbic acid. AA is commonly known as vitamin C. It is used as a pharmaceutical agent, cosmetic ingredient, and dietary supplement [18, 19]. AA is an important antioxidant, which can reduce superoxides, hydroxyl radicals, hypochlorous acid, and other radicals and oxidants present in physiological environment.

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Moreover, AA accumulates in the immune defense cells of the human body, such as lymphocyte B and lymphocyte T, and thus improves the resistance of human body against diseases. Ascorbic acid has large impact on tissues regeneration due to improving collagen synthesis [20], which is a component of the primary extracellular matrix (ECM) [21], which supports cells attachment, growth, and proliferation [22]. Some literature data show that researchers took an attempt to incorporate AA into the polyurethane structure to improve the material biocompatibility and biodegradability [23, 24].

Pharmaceutical supplements and products containing AA are often subjected to thermal treatment during preparation, processing, and storage [25–29]. In case of using AA as a polyurethane chain modifier, it would be also subjected to thermal treatment such as polyurethane synthesis and curing (both carried out at 80 °C). Thermal stability is of particular interest, because of the thermal decomposition kinetics studies, which may lead to improvement in ascorbic acid stability, which is important especially considering the context of pharmaceuticals, food products [18], and recently medical devices, modified with ascorbic acid [23, 24]. In the literature are available degradation studies of ascorbic acid, carried out under different conditions, such as in different solvents [30], in steam [31], in food [20], under oxygenated conditions [32] and under inert conditions [33]. To simulate physiological environment or storage conditions, researchers performed studies under invariable temperature and below 100 °C. Due to our knowledge there are no literature data determining DMA and TG properties of polyurethanes, obtained with the use of aliphatic 1,6-hexamethylene diisocyanate (HDI) and modified with ascorbic acid for medical applications.

References report a number of instrumental methods, such as differential scanning calorimetry, differential thermal analysis, and thermogravimetric analysis, which may be used to determine the study of decomposition kinetics [18] and degradation products of ascorbic acid [31, 32, 34]. Jingyan et al. investigated the thermal behavior of dry and solid ascorbic acid in a wide temperature range from –25 to 800 °C. In order to determine the ascorbic acid decomposition kinetics, they used the TG-FTIR technique, where samples were heated from 25 to 800 °C, at a rate of 20 °C min<sup>-1</sup>, under nitrogen gas atmosphere. The resulted TG curve showed that dry solid AA is thermally stable and does not decompose until 191 °C [34].

The decomposition mechanism of ascorbic acid was determined as very complex. It is due to the many possible degradation pathways and over 200 different end-products, which have been reported in literature data. Experimental conditions such as solvent pH, temperature, oxygen, catalyzer, and enzyme may influence the ascorbic acid degradation pathway [34]. Moreover, the degradation of

solid AA is believed to follow at the different path than in solution. When 5 % v/w moisture was present in a solid ascorbic acid sample, the discoloration was observed, from white to dark brown [31]. Studies on decomposition kinetics of vitamin C in various food products under different storage and processing conditions revealed that decomposition of AA follows with first-order kinetics [25–29]. Jingyan et al. also proposed the explanation of three indicated degradation stages of solid ascorbic acid. In the first stage of decomposition (191–268 °C) main gases evolved were: H<sub>2</sub>O, CO<sub>2</sub>, CO, but mostly formaldehyde. These gases can only be formed by AA molecular fracture or intermolecular reaction in high-purity nitrogen atmosphere (absence of O<sub>2</sub>). At the second stage (268–504 °C), the main evolved gases were CO<sub>2</sub> and CO and at the third stage (504–800 °C) CO and CH<sub>4</sub>. Jingyan et al. concluded that the main decomposition process occurred at the first and second stage. In the first stage, decarboxylation and dehydration were the main decomposition reactions. In the second stage main reactions were decarboxylation and decarbonylation. At the third stage, only slow carbonization process was observed. Some publications reports that the decomposition of AA leads to furan derivatives, in which furfural was considered as a main product [31, 34].

In this paper we report the DMA, TG, and mechanical characteristics of ascorbic acid-modified polyurethanes. Materials were obtained with the use of oligomeric  $\alpha,\omega$ -dihydroxy(ethylene-butylene adipate) (dHEBA) polyol which formed the soft segments in obtained PURs and 1,6-hexamethylene diisocyanate (HDI) and 1,4-butanediol chain extender which formed hard segments. PURs were synthesized by the standard two step pre-polymerization method. Ascorbic acid, used as PUR modifier, was added in the amount of 1 or 2 mass%. Its usage was reasonable, in the design of biomedical polyurethanes, due to its antioxidative properties and significant influence on tissues regeneration. This is important for materials used as tissue scaffolds, particularly in cardiac surgery. The influence of such biologically active substance like ascorbic acid on obtained PURs thermal properties remains interesting. Obtained PURs were characterized with the use of the following methods: dynamic mechanical analysis (DMA), thermogravimetric analysis (TG), and mechanical tests including tensile strength, elongation at break, abrasion resistance, and hardness.

## Experimental

### PUR materials

This article describes the properties of PURs synthesized with the use of oligomeric  $\alpha,\omega$ -dihydroxy(ethylene-butylene

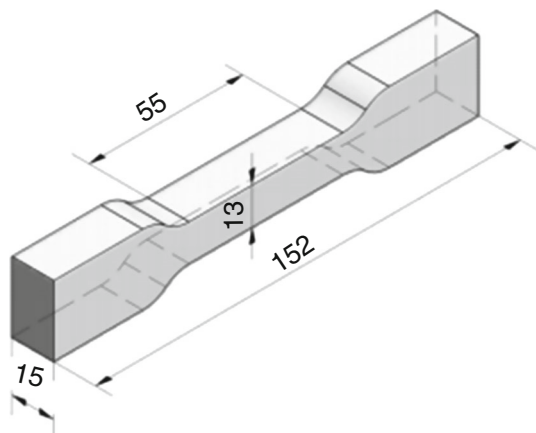
adipate) (dHEBA) polyol (trade name Polios 55/20; Purinova, Poland), aliphatic 1,6-hexamethylene diisocyanate (HDI) (Sigma-Aldrich, Poland) and 1,4-butanediol (BDO) (POCH, Poland). The molar ratio of isocyanate groups to hydroxyl groups of the chain extender BDO in the PURs was used in the following manner (NCO/OH = 0.9:1; 1:1; 1.05:1). Dibutyltin dilaurate (DBTDL), a commonly used catalyst in biomedical polyurethanes synthesis [25–27], was used at a concentration of 0.5 mass%. After tensile strength evaluation, unmodified PURs samples, prepared at molar ratio of NCO:OH equal 1:1, were selected for further ascorbic acid modifications (1 or 2 mass%). Full description of performed PUR synthesis was described in our previous work [35], where FTIR and HNMR spectroscopy confirmed that chemical structure and composition of PUR was achieved.

## Techniques

### Mechanical properties

*Tensile strength* ( $T_{SB}$ ) and *Elongation at break* ( $\epsilon$ ) were examined with the use of the universal testing machine Zwick and Roell Z020 according to PN-EN-ISO 1799:2009. The test was performed at room temperature with the use of six PUR samples. The crosshead speed was of  $300 \pm 5 \text{ mm min}^{-1}$ . Sample dimensions are presented in Fig. 1.

*Hardness* was studied with the use of the Shore method according to PN-EN ISO 868:2004. The measurement of hardness was done with a digital hardness meter Shore A type (Zwick/Roell, type 3101/3131). The needle placed at one end of the meter was pressed to a round sample ( $\phi 50 \text{ mm}$ ) of obtained PURs. The resistance of the material to the applied force was measured. Obtained data were presented with Shore degree ( $^{\circ}\text{Sh A}$ ). Number of performed hardness measurements was 10 on each side of PUR.



**Fig. 1** Dumbbell-shaped sample used for the tensile strength and elongation at break test

*Abrasion resistance* of PUR samples was examined with the use of a Schopper–Schlobach apparatus APGi according to the PN 75 C 04235. Roller-shaped samples with dimensions of 16 mm in diameter and 6 mm thick were prepared with the use of a normalized punching die. The cylinder of the Schopper–Schlobach apparatus has diameter of 15 cm and was covered with emery paper of no. 60. Its rotating speed was 40 rpm. The sample was placed into the gripper and, by using a micrometer screw, was set to stick out from the gripper for 2 mm. Sample was pressed to the roller with 1-kg force and relative displacement of emery paper and the sample was of 40 m. Before and after examination, samples were weighted with accuracy to 0.001 g. The percentage of volume loss was calculated by the formula (1). Ten samples of unmodified and ascorbic acid-modified PUR were studied.

$$V = \frac{(m_1 - m_2) \times 0.2}{\rho \times \Delta m_w} \quad (1)$$

$m_1$ —sample's mass before abrasion test, g;  $m_2$ —sample's mass after abrasion test, g;  $\Delta m_w$ —the average mass loss of three reference samples, g; 0.2—theoretical mass loss of the rubber sample, g;  $\rho$ —density of the sample,  $\text{g cm}^{-3}$

*Dynamic mechanical analysis (DMA)* was performed with the use of TA Instruments Q800 DMA analyzer. A beam-shaped sample was placed in the testing machine. The sample, placed in the holder, through the mandrel, was subjected to sinusoidal impact strength with constant amplitude of 1 and 10 Hz in three-point bending mode. The sample was heated at a rate of  $4 \text{ }^{\circ}\text{C min}^{-1}$  from  $-100$  to  $100 \text{ }^{\circ}\text{C}$ . During the test liquid nitrogen was used as cooling medium in the chamber.

*Thermogravimetric analysis (TG)* was performed on a Mettler-Toledo TG analyzer in the temperature range from 0 to  $600 \text{ }^{\circ}\text{C}$  with heating rate of  $1 \text{ }^{\circ}\text{C min}^{-1}$ . Liquid nitrogen was used as the cooling medium in the chamber. Sample mass was 10 mg and it was placed in aluminum crucibles.

### Polyurethane symbols and their meaning

Table 1 shows symbols used to mark the obtained unmodified and modified with ascorbic acid (1 or 2 mass%) polyurethanes with their brief explanation. The detailed description of the PUR synthesis, raw materials ratios and synthesis conditions, were described in our previous work [33].

## Results and discussion

### Mechanical properties

The results of mechanical tests are presented in Table 2. The unmodified polyurethanes had slightly higher tensile

**Table 1** Symbols of obtained unmodified and modified polyurethanes with brief explanation

Symbol	Explanation
PUR-1/HDI/AA0	PUR-1—polyurethane obtained in molar ratio of NCO:OH = 1:1 HDI—diisocyanate used for PUR synthesis AA0—PUR not modified with ascorbic acid
PUR-1/HDI/AA1	PUR-1—polyurethane obtained in molar ratio of NCO:OH = 1:1 HDI—diisocyanate used for PUR synthesis AA1—PUR modified with 1 mass% of ascorbic acid
PUR-1/HDI/AA2	PUR-1—polyurethane obtained in molar ratio of NCO:OH = 1:1 HDI—diisocyanate used for PUR synthesis AA2—PUR modified with 2 mass% of ascorbic acid

strength ( $7.2 \pm 0.2$  MPa) and elongation at break ( $172 \pm 2$  %) than the modified samples (Table 2). In case of modified polyurethanes, comparable tensile strength was observed for samples modified with 1 and 2 mass% of ascorbic acid ( $5.1 \pm 0.2$  and  $5.8 \pm 0.2$  MPa, respectively). The same relationship was observed in case of elongation at break of obtained modified PURs (PUR1/HDI/AA2 =  $169 \pm 1$  %, PUR-1/HDI/AA2 =  $161 \pm 2$  %, respectively). The introduction of vitamin C slightly decreased mechanical properties of modified PURs. It is due to the fact that AA was only partially incorporated into the PUR chain and its unreacted remains stayed enclosed in PUR matrix. Molecules of AA in PUR matrix acts as an inactive filler, which cause decrease in the mechanical properties of obtained modified PURs [35].

In the literature data there are two more works related to polyurethanes modified with ascorbic acid [21, 34]. Only Cetina-Diaz et al. studied mechanical and thermal properties of PURs, in which ascorbic acid was used as filler. PURs were obtained with the use of polycaprolactone, 4,4'-methylene bis(cyclohexyl diisocyanate), 1,4-butanediol, and stannous octoate as a catalyzer. Determined tensile strength of such ascorbic acid-filled polyurethanes was  $47.75 \pm 16.70$  MPa, which is significantly higher than in case of PURs described in this paper. In the literature data there are many reports of biomedical PURs mechanical studies [37]. For example Dey et al. performed urethane-doped polyesters of tensile strength in the range of  $14.6 \pm 1.0$ – $41.07 \pm 6.9$  MPa and elongation at break of  $337.0 \pm 6.0$  % [36]; Guan et al. obtained poly(ester

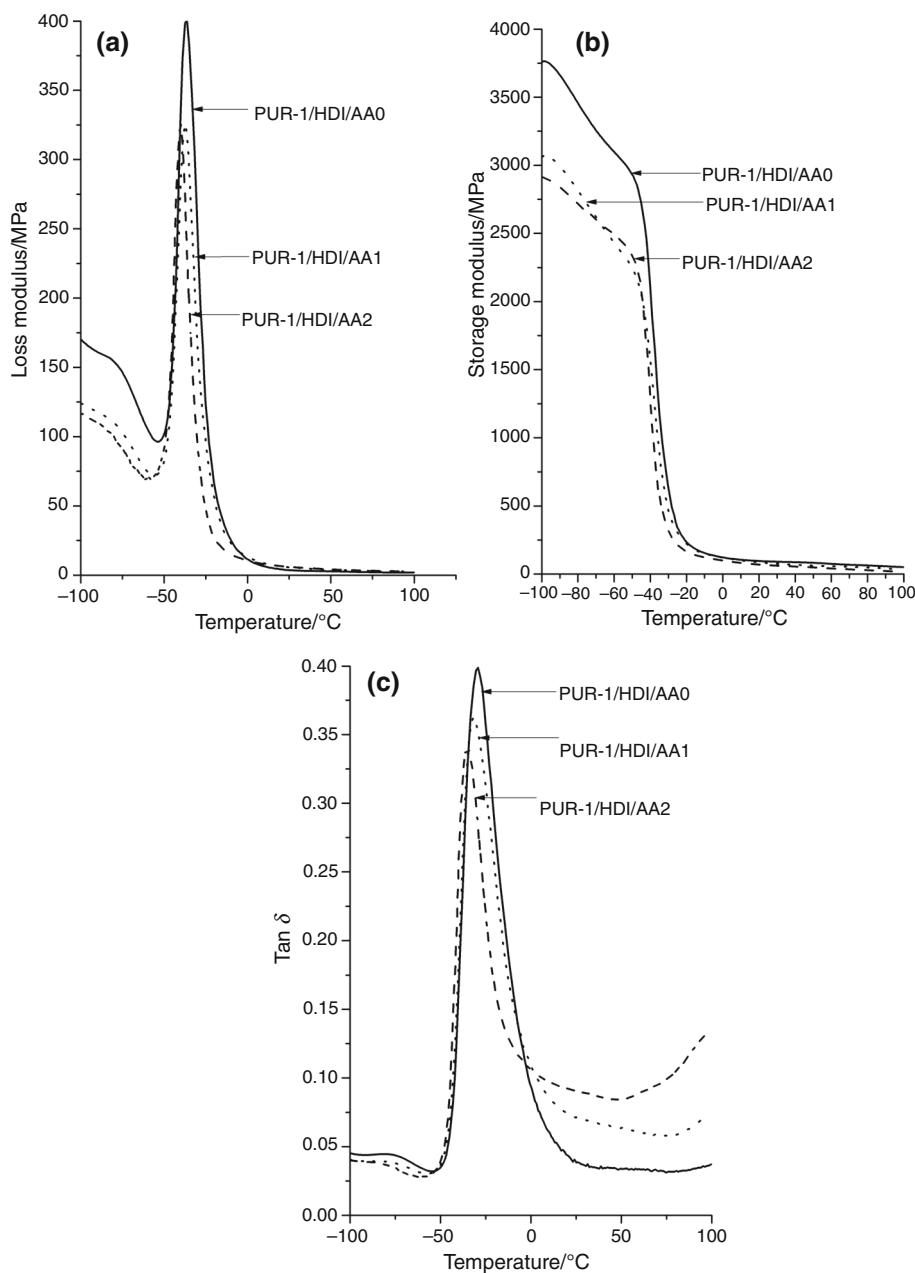
urethane)ureas and poly(ether-ester urethane) ureas with the use of polycaprolactone polyester or bloc copolymer of polycaprolactone and polyethylene glycol soft segments and 1,4-diisocyanatobutane and putrescine derived hard segments. Tensile strength of obtained by Guan et al. PURs was 0.97–1.64 and 0.59–1.68 MPa, respectively, to the mentioned materials. Elongation at break of these materials was of 150 % [38]. On the other hand, Zhang et al. synthesized crosslinked urethane-doped polyester elastomers (CUPOMC), which were obtained in the synthesis of photocrosslinkable poly(octamethylene maleate citrate) (POMC) prepolymers with 1,6-hexamethylene diisocyanate (HDI). Tensile strength of obtained materials was in the range of  $0.73 \pm 0.12$ – $10.91 \pm 0.64$  MPa and elongation at break in the range of  $72.9 \pm 9.1$ – $300 \pm 22$  %. In comparison with these data, we conclude that the obtained unmodified and ascorbic acid-modified polyurethanes possessed suitable mechanical properties for biomedical applications.

Unmodified polyurethanes had slightly higher hardness ( $90.1 \pm 0.3$  °Sh A) in comparison with modified polyurethanes (PUR-1/HDI/AA1 =  $87 \pm 0.2$  °Sh A and PUR-1/HDI/AA2 =  $86 \pm 0.3$  °Sh A, respectively) (Table 2). The modification caused a slight decrease in hardness to  $86 \pm 0.3$  °Sh A for polyurethanes modified with 2 mass% of ascorbic acid. Little volume loss was observed for unmodified polyurethane samples ( $0.2 \pm 0.1$  cm<sup>3</sup>) (Table 2). The similar value of volume loss was noted for PURs modified with 1 mass% of AA ( $0.3 \pm 0.1$  cm<sup>3</sup>). A little difference of volume loss, in comparison with

**Table 2** Mechanical properties of obtained unmodified and ascorbic acid modified PURs

Mechanical properties/symbol	PUR-1/HDI/AA0	PUR-1/HDI/AA1	PUR-1/HDI/AA2
Tensile strength/MPa	$7.2 \pm 0.2$	$5.1 \pm 0.2$	$5.8 \pm 0.2$
Elongation at break/%	$172 \pm 2$	$161 \pm 2$	$169 \pm 1$
Hardness/°Sh A	$90.1 \pm 0.3$	$87 \pm 0.2$	$86 \pm 0.3$
Abrasion/cm <sup>3</sup>	$0.2 \pm 0.1$	$0.3 \pm 0.1$	$0.6 \pm 0.1$

**Fig. 2** Loss modulus (a), storage modulus (b) and tangent of an angle  $\delta$  (c) indicated for unmodified and ascorbic acid modified polyurethanes



unmodified samples, was observed for polyurethanes modified with 2 mass% of ascorbic acid ( $0.6 \pm 1 \text{ cm}^3$ ). In summary, the abrasion resistance, of the obtained polyurethanes, decreases with the increase in ascorbic acid amount. This conclusion may be related to the results of the performed hardness test for both unmodified and ascorbic acid modified samples.

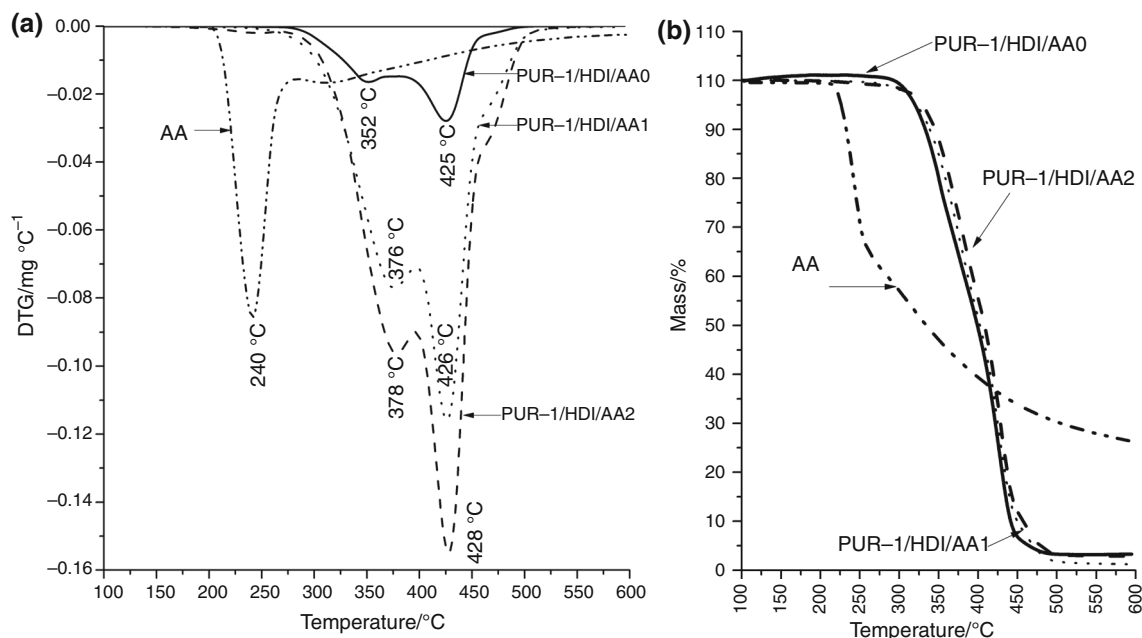
#### Dynamic mechanical analysis (DMA)

The DMA results are presented in Fig. 2 and in Table 3. It was observed that tangent of an angle  $\delta$  (the tangent of the phase angle between the modulated strain and the

modulated stress; see Fig. 2c) slightly decreased with the increase in ascorbic acid content in the PUR matrix (Table 3). Tan  $\delta$  is also called damping coefficient, which shows the relation between filler and the PUR matrix. In this case it looks like ascorbic acid showed well interactions with the PUR matrix, because with the increase in the amount of ascorbic acid in PUR matrix the damping coefficient decreases. In such situation it can be concluded that AA acts as an inactive filler, which did not influence physical crosslinks of the PUR material. On the other hand, the decrease in the loss modulus (Fig. 2a) and storage modulus may confirm that obtained AA modified PURs did not have crosslinked structure.

**Table 3** Values of loss modulus, storage modulus and damping coefficient indicated for unmodified and ascorbic acid modified PURs at  $-28$  °C and glass transition temperatures obtained for obtained PURs

Polyurethane symbol	Loss modulus/MPa	Storage modulus/MPa	Damping coefficient Tan $\delta$	T <sub>g</sub> /°C
PUR-1/HDI/AA0	203	549	0.40	-28
PUR-1/HDI/AA1	143	402	0.36	-31
PUR-1/HDI/AA2	80	291	0.29	-35

**Fig. 3** DTG (a) and mass loss (b) curves for ascorbic acid (AA), unmodified (PUR-1/HDI/AA0) and modified with ascorbic acid (1 mass%—PUR-1/HDI/AA1 or 2 mass%—PUR-1/HDI/AA2) polyurethanes

The indicated glass transition temperature ( $T_g$ ) of unmodified and modified with ascorbic acid (1 or 2 mass%) polyurethanes is presented in Table 3. A slight decrease in  $T_g$  was observed with an increase in the ascorbic acid content in the PUR matrix. That can be directly related to ascorbic acid behaving as an inactive filler in this PUR system. Noted glass transitions were between  $-28$  and  $-35$  °C, what can be attributed to the  $T_g$  of the soft segments dHEBA [39, 40]. Studies, performed by Hassan et al., reported  $T_g$  of different polyester soft segments (made of poly( $\epsilon$ -caprolactone), PCL) at  $-33$  °C. Obtained in our study are  $T_g$  values comparable with the literature data concerning glass transition of poly(ester urethanes). The storage modulus (Fig. 2b) was lower for modified with ascorbic acid polyurethane samples in comparison with unmodified polyurethanes. Chattopadhyay et al. [39] related lower values of storage modulus with the lower tensile strength of the material. On the other hand, decrease in storage modulus and loss modulus with the increase in the filler amount was correlated interactions of modifier with

PUR matrix, which impact on the thermomechanical properties of obtained PURs [37, 40].

### Thermogravimetric analysis (TG)

The results of the TG study are presented in Fig. 3. The thermogravimetric analysis of solid ascorbic acid indicated one-step degradation process (Fig. 3a). The degradation temperature of AA was indicated at 24 °C. The 5 and 10 % mass loss of AA was noted at 227 and 232 °C, respectively, (Table 4). This temperature was lower than those reported for 5 and 10 % mass loss of obtained PUR. In case of unmodified PUR 5 % mass loss was observed at 319 °C and 10 % mass loss at 330 °C. Modification with 1 mass% of AA did not cause significant changes in temperature of 5 % mass loss of the sample (322 °C), but in case of 10 % mass loss temperature it was higher of 10 °C in comparison with unmodified PURs (340 °C). Application of 2 mass% of AA did not influence also the 5 % mass loss of the sample observed at 330 °C. For this sample noted 10 %

**Table 4** Degradation temperatures noted for unmodified and ascorbic acid modified (1 or 2 mass%) polyurethanes at Ist and IId stage of degradation process

PUR symbol	Degradation temperature/°C		Mass loss/%	
	Stage I	Stage I	5	10
Solid AA	240	–	227	232
PUR-1/HDI/AA0	376	426	319	330
PUR-1/HDI/AA1	352	425	322	340
PUR-1/HDI/AA2	378	428	330	344

mass loss was of 14 °C higher in comparison with unmodified PURs (344 °C). Thus performed studies confirmed that AA is thermally stable up to approximately 190 °C what is comparable to Jingyan et al. [32] study. Reported 5 % mass loss of the sample was comparable for unmodified and modified with 1 mass% of ascorbic acid polyurethanes. Evaluated temperatures were observed for 10 % mass loss of the modified with 2 mass% of AA PUR sample. Ascorbic acid influenced the thermal properties of obtained PURs.

The degradation of the obtained unmodified and ascorbic acid modified polyurethanes follows in two steps (Fig. 3), what is in contrary to AA. The degradation temperatures, indicated at both stages, for unmodified and ascorbic acid modified polyurethanes are presented in Table 4. Data analysis showed that both unmodified and modified polyurethanes are thermally stable up to approximately 250 °C. It might be also noted that polyurethanes modified with 2 mass% of ascorbic acid had slightly elevated degradation temperatures, at both of its stages, in comparison with unmodified polyurethanes. This slight change might be caused by partial ascorbic acid incorporation into the polyurethane chain, which changes its chemical structure and its thermal properties [35]. On the other hand, a very small difference was detected between degradation temperatures of unmodified and modified with ascorbic acid polyurethanes.

## Conclusions

In this study the characterization of mechanical and thermomechanical properties of unmodified and modified with ascorbic acid (1 or 2 mass%) polyurethanes was performed. The FTIR and NMR spectroscopy revealed the formation of urethane bondings what was described in our previous work [33]. These studies indicated that part of ascorbic acid was incorporated into polyurethane chains, what disturb its chemical structure and the same its mechanical and thermal properties. The DMA analysis showed slight transition of loss modulus and tangent of an

angle  $\delta$  to lower temperature range caused by addition of ascorbic acid to the polyurethane matrix. The observed glass transition temperature was  $-29$  °C for PUR-1/HMDI/AA0,  $-31$  °C for PUR-1/HMDI/AA1 and  $-35$  °C for PUR-1/HMDI/AA2. The decrease in Tg was observed with the increasing amount of ascorbic acid. Both unmodified and ascorbic acid modified polyurethanes were thermally stable up to approximately 250 °C. Solid ascorbic acid was thermally stable up to 190 °C what is consistent with the literature data. The tensile strength and elongation at break was higher for unmodified polyurethanes. Addition of ascorbic acid modifier to the PURs chains caused a decrease in tensile strength and elongation at break of these materials. The hardness of obtained polyurethanes was higher for unmodified samples than for modified PURs, independently from the applied amount of ascorbic acid. The abrasion resistance slightly decreased with the amount of used ascorbic acid in polyurethane synthesis. Due to this it can be concluded that ascorbic acid, which was enclosed in PUR matrix, acted as an inactive filler, what caused the decrease in mechanical properties of obtained modified PURs. The mechanical and thermomechanical characteristics of the obtained unmodified and ascorbic acid modified polyurethanes are comparable with the literature data concerning biomedical polyurethane materials and may be suitable for applications in this field.

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