

Convergence to equilibrium under a random Hamiltonian

Fernando G. S. L. Brandão,¹ Piotr Ćwikliński,^{2,6,7} Michał Horodecki,^{3,8} Paweł Horodecki,^{2,8}
Jarosław K. Korbicz,⁴ and Marek Mozrzyński⁵

¹*Departamento de Física, Universidade Federal de Minas Gerais, Belo Horizonte, Caixa Postal 702, 30123-970, MG, Brazil*

²*Faculty of Applied Physics and Mathematics, Gdańsk University of Technology, 80-233 Gdańsk, Poland*

³*Institute of Theoretical Physics and Astrophysics, University of Gdańsk, 80-952 Gdańsk, Poland*

⁴*ICFO (Institut de Ciències Fotòniques), 08860 Castelldefels (Barcelona), Spain*

⁵*Institute for Theoretical Physics, University of Wrocław, 50-204 Wrocław, Poland*

⁶*School of Science and Technology, Physics Division, University of Camerino, I-62032 Camerino, Italy*

⁷*Institute for Quantum Information, RWTH Aachen University, D-52056 Aachen, Germany*

⁸*National Quantum Information Centre of Gdańsk, 81-824 Sopot, Poland*

(Received 21 November 2011; revised manuscript received 25 July 2012; published 4 September 2012)

We analyze equilibration times of subsystems of a larger system under a random total Hamiltonian, in which the basis of the Hamiltonian is drawn from the Haar measure. We obtain that the time of equilibration is of the order of the inverse of the arithmetic average of the Bohr frequencies. To compute the average over a random basis, we compute the inverse of a matrix of overlaps of operators which permute four systems. We first obtain results on such a matrix for a representation of an arbitrary finite group and then apply it to the particular representation of the permutation group under consideration.

DOI: [10.1103/PhysRevE.86.031101](https://doi.org/10.1103/PhysRevE.86.031101)

PACS number(s): 05.30.-d, 05.20.-y, 03.65.Ud, 03.67.-a

I. INTRODUCTION

The phenomenon of convergence to equilibrium despite an underlying deterministic dynamics was usually justified by referring to subjective lack of knowledge, i.e., by putting probabilities by hand. However, already in 1929, von Neumann (see [1] for an English translation and commentary) put forward an argument for relaxation without referring to an ensemble: For a typical initial pure quantum state, averages of macroscopic observables will be for most of the time around their equilibrium value. In this approach, thermalization is implied by statistical properties of quantum states themselves; namely it is due to the fundamental lack of knowledge represented by quantum probability. This “individualist” approach to equilibrium (as phrased in [1]) has been recently intensively developed; see, e.g., [2–7]. More broadly, new theoretical and experimental developments on the question of subsystem equilibration in close quantum systems have also been achieved [8–19]. However the time of equilibration, a very important aspect of equilibration and thermalization, has not been considered so far. A natural time scale that appears from the analysis of [4] is the inverse of the smallest energy gap of the Hamiltonian. However the latter is typically exponentially small in the size of the system, and thus cannot offer an explanation for the fast nature of thermalization.

In this paper we consider the issue of equilibration time. As in [4] we consider a system S and a bath B , and we are interested in equilibration of the system, given that the bath is sufficiently large. We evaluate the distance of the state $\rho_{SB}(t)$ of the system and the bath, evolving according to a random Hamiltonian, from the state ω_{SB} which is obtained by removing the blocks of $\rho_{SB}(0)$ which are off-diagonal with respect to the Hamiltonian spectral decomposition.

Our main result amounts to showing that if we choose the eigenbasis of the Hamiltonian randomly according to the Haar measure, then the equilibration time depends on the (weighted)

average distance between the energies of the Hamiltonian rather than on the worst case gap.

Computing the average over the random choice of the eigenbasis of the Hamiltonian is reduced to evaluating averages of the sort $\text{Tr}[U^{\otimes 4} X (U^{\otimes 4})^\dagger Y]$ over the Haar distributed unitary transformations U , with X, Y being some operators. This leads us to a general problem of inverting a matrix $M_{gh} = \chi(g^{-1}h)$, where g, h are elements of a finite group G and χ is a character of some given representation of the group. It turns out that such a matrix enjoys certain nice properties, which allow us to obtain the inverse in the case of interest (i.e., for $G = S_4$). We also present some other properties of the above matrix.

The main results of the work can be summarized in the following statement (see Sec. III):

Main result. For an ensemble of random Hamiltonians with eigenbases distributed according to the corresponding Haar measure and a not too big level degeneracy [see Eq. (24)], the following holds:

(1) For an additionally not too big energy gap degeneracy [see Eq. (25)], the convergence to equilibrium happens at the time scale of the order of the (weighted) average inverse energy gap $|E_i - E_j|^{-1}$ and the (weighted) average inverse second gap $|E_i - E_j - E_k + E_l|^{-1}$ [see Eqs. (28), (29)].

(2) For a simplified model with the energies distributed according to independent Gaussian measures with variance of the order of $\log_{10} d$, where d is the total dimension of the system and bath, the convergence to equilibrium happens at the time scale of the order of $1/(\log_{10} d)$.

In what follows we prove the above results in the following steps: In Sec. II we calculate the Haar measure average of the distance from the equilibrium state over a random basis of a Hamiltonian. Then in Sec. III we investigate the dependence of the equilibration time on the eigenvalues of a random Hamiltonian and derive our main results. We conclude with some general remarks and connections to other works. In the

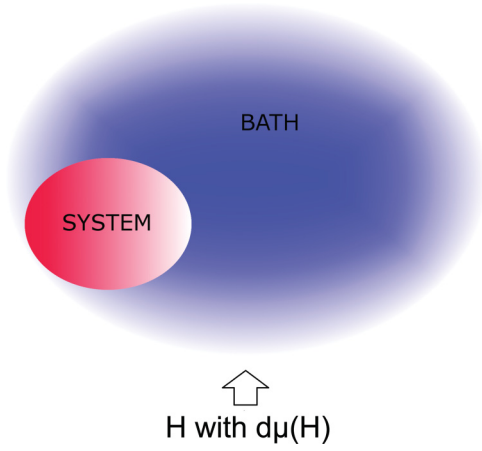


FIG. 1. (Color online) The composite system consisting of a system and a bath, governed by a random Hamiltonian with the eigenbasis drawn according to the Haar measure.

appendices we present the group theoretical machinery needed to perform the Haar measure average from Sec. II.

II. AVERAGING OVER A RANDOM CHOICE OF THE EIGENBASIS

Let us introduce some notation. We consider two systems S (the system) and B (the bath), with the latter playing the role of a heat bath (see Fig. 1). The composite system SB is in an arbitrary initial state $\rho_{SB}(0) = |\psi\rangle_{SB}\langle\psi|$. Since we shall consider random Hamiltonians, whose eigenbases are chosen according to the Haar distribution, we can equally well take a standard product initial state: $|\psi_{SB}\rangle = |0\rangle_S|0\rangle_B$. We now consider the evolved state $\rho_{SB}(t)$ given by

$$\rho_{SB}(t) = e^{-iHt} \rho_{SB}(0) e^{iHt}, \tag{1}$$

where H is the total Hamiltonian of the system and the bath. We also define a state ω_{SB} as

$$\omega_{SB} = \sum_i P_i \rho_{SB}(0) P_i, \tag{2}$$

where P_i are eigenprojectors of the Hamiltonian

$$H = \sum_i E_i P_i. \tag{3}$$

We set

$$H = U H_0 U^\dagger, \quad P_i = U P_i^0 U^\dagger, \tag{4}$$

where H_0 denotes the diagonal Hamiltonian with the elements being (possibly degenerated) eigenenergies, connected to a given eigenprojector. We assume that the probability measure over random Hamiltonians splits into two parts

$$d\mu(H) = dU d\mu_2(H_0), \tag{5}$$

where dU is the Haar measure, while μ_2 is some distribution over the eigenenergies (such a separation holds, e.g., for Gaussian unitary ensembles). Therefore for the averages we have that $\langle \dots \rangle_H = \langle \langle \dots \rangle_U \rangle_{H_0}$. Let us also introduce the following notation: $W = e^{iHt}$, $W_0 = e^{iH_0t}$, $\mathbb{W} = W_0 \otimes W_0^\dagger$, and $\mathbb{P} = \sum_i P_i^0 \otimes P_i^0$. By $\mathbb{V}_{X_1: X_2}$ we will denote the operator which swaps the systems X_1 and X_2 .

We consider the distance between the reduced state $\rho_S(t) = \text{Tr}_B \rho_{SB}(t)$ and the corresponding reduced equilibrium state $\omega_S = \text{Tr}_B(\omega_{SB})$, induced by the Hilbert-Schmidt norm $\|A\|_2 = \sqrt{\text{Tr}(A^\dagger A)}$. Our main goal is to average it over random Hamiltonians. In this section we will compute the average over the Haar measure. To this end we will need the following:

Proposition 1. The following relation holds:

$$\text{Tr}[\rho_S(t) - \omega_S]^2 = \text{Tr}[Y U^{\otimes 4} X U^{\dagger \otimes 4}], \tag{6}$$

where

$$X = (\mathbb{W} - \mathbb{P})_{13} \otimes (\mathbb{W}^\dagger - \mathbb{P})_{24}, \tag{7}$$

$$Y = \mathbb{V}_{12:34}(\sigma_1 \otimes \sigma_2 \otimes \mathbb{F}_{34}), \tag{8}$$

with $\sigma = \rho_{SB}(0)$, $\mathbb{F}_{34} = \mathbb{V}_{S_3: S_4} \otimes \mathbb{I}_{B_3: B_4}$, and the label $i = 1, 2, 3, 4$, denoting a copy of the composite system $S_i B_i$.

The proof is based on the following easy-to-check relation, coming from the basic properties of the swap operator and true for any two systems 1 and 2, and for arbitrary operators A_1, B_2, C_{12} , and D_{12} [20]:

$$\begin{aligned} &\text{Tr}[(C_{12} A_1 \otimes B_2)(D_{12} A_1^\dagger \otimes B_2^\dagger)] \\ &= \text{Tr}[\mathbb{V}_{12:34}(C_{12} \otimes D_{34})(A_1 \otimes B_2 \otimes A_3^\dagger \otimes B_4^\dagger)] \end{aligned} \tag{9}$$

(here 3 and 4 are auxiliary systems, isomorphic to 1 and 2, respectively). The details of the proof are given in Appendix A. Using Proposition 1 we now prove the main result of this section:

Theorem 1. The Haar measure average of the distance (6) is given by

$$\langle \|\rho_S(t) - \omega_S\|_2^2 \rangle_U = \frac{|\eta|^2}{d^2} \frac{1}{d_S} + \left(\frac{|\xi|^2}{d^2} - \frac{\gamma}{d^2} \right)^2 + O\left(\frac{1}{d_B}\right), \tag{10}$$

where

$$\begin{aligned} \xi &= \text{Tr} W_0 = \sum_j d_j e^{iE_j t}, & \eta &= \text{Tr} W_0^2 = \sum_j d_j e^{2iE_j t}, \\ \gamma &= \sum_j d_j^2, & d &= d_S d_B, & \sum_j d_j &= d; \end{aligned} \tag{11}$$

index $j = 1, \dots, N$ enumerates the nondegenerate energy levels of the random Hamiltonian H , d_j 's are (fixed) energy degeneracies, and $\langle \cdot \rangle_U$ denotes the average according to the corresponding Haar measure.

Remark 1. Note that in Refs. [21–23], similar bounds were obtained for the expected distance of $\rho_S(t)$ to the equilibrium state ω_S .

Before we proceed with the proof, we briefly note that in the nondegenerate case, i.e., when all $d_i = 1$, Eq. (10) reduces to

$$\langle \|\rho_S(t) - \omega_S\|_2^2 \rangle_U = \frac{|\eta|^2}{d^2} \frac{1}{d_S} + \frac{|\xi|^4}{d^4} + O\left(\frac{1}{d_B}\right). \tag{12}$$

Proof of Theorem 1. Thanks to Proposition 1, computation of the Haar measure average of the distance $\int dU \|\rho_S(t) - \omega_S\|_2^2$ is reduced to a computation of a trace $\text{Tr}[Y \tau_4(X)]$, where $\tau_4(\cdot) = \int dU U^{\otimes 4}(\cdot)U^{\otimes 4 \dagger}$ is a twirling operator and X, Y are

given by (7) and (8), respectively:

$$\int dU \|\rho_S(t) - \omega_S\|_2^2 = \text{Tr}[Y \tau_4(X)]. \quad (13)$$

Such traces can be dealt with in a systematic manner using group theory, in this case the representation theory of the permutation group of four elements S_4 (see Appendix B), which greatly simplifies the calculations.

Our main tool will be Proposition 3 from Appendix B. To apply it, we first express the operators X and Y in terms of product operators:

$$X = C_1 - C_2 - C_3 + C_4, \quad (14)$$

where

$$\begin{aligned} C_1 &= W_0 \otimes W_0^\dagger \otimes W_0 \otimes W_0^\dagger, \\ C_2 &= \sum_i W_0 \otimes W_0^\dagger \otimes P_i^0 \otimes P_i^0, \\ C_3 &= \sum_i P_i^0 \otimes P_i^0 \otimes W_0 \otimes W_0^\dagger, \\ C_4 &= \sum_{ij} P_i^0 \otimes P_i^0 \otimes P_j^0 \otimes P_j^0, \end{aligned} \quad (15)$$

and

$$Y = \sum_{ij} \sigma_1 \otimes \sigma_2 \otimes A_3^{ij} \otimes A_4^{ji}, \quad (16)$$

where $A^{ij} = |i\rangle_S \langle j| \otimes \mathbb{I}_B$ and $|i\rangle_S, |j\rangle_S$ form an orthonormal basis of the system. Note that in each case we have ordered the systems in the following way: (3, 4, 1, 2).

For operators $C_k, k = 1, \dots, 4$, and Y given above, we define vectors $\vec{c}^{(k)}$ by $c_\pi^{(k)} = \text{Tr} C_k \mathbb{V}_{\pi^{-1}}$ and \vec{a} by $a_\pi = \text{Tr}(Y \mathbb{V}_{\pi^{-1}})$, where π runs through the elements of the permutation group S_4 . In order to compute the above vectors, we decompose a given permutation π into cycles, so that for product operators the vector components break into products of separate terms, associated with the cycles. For a single cycle we then use Proposition 2 from Appendix B. We obtain

$$\begin{aligned} \vec{c}_1 &= (|\xi|^4, |\xi|^2 d, |\xi|^2 d, |\xi|^2, |\xi|^2, \bar{\eta} \xi^2, |\xi|^2 d, d^2, |\xi|^2, d, d, |\xi|^2, \\ &\quad |\xi|^2, d, \bar{\eta} \xi^2, |\xi|^2, |\eta|^2, d, d, |\xi|^2, |\xi|^2, |\xi|^2 d, d, d^2), \\ \vec{c}_2 &= (\gamma |\xi|^2, d, p \xi^*, \gamma, \gamma, p^* \xi, d |\xi|^2, d^2, |\xi|^2, d, d, |\xi|^2, \\ &\quad |\xi|^2, d, p \xi^*, \gamma, \gamma, d, d, |\xi|^2, \gamma, p^* \xi, d, \gamma), \\ \vec{c}_3 &= (\gamma |\xi|^2, d, p \xi^*, \gamma, \gamma, p^* \xi, d |\xi|^2, d^2, |\xi|^2, d, d, |\xi|^2, |\xi|^2, d, \\ &\quad p \xi^*, \gamma, \gamma, d, d, |\xi|^2, \gamma, p^* \xi, d, \gamma), \\ \vec{c}_4 &= (\gamma^2, \gamma d, \iota, \gamma, \gamma, \iota, \gamma d, d^2, \gamma, d, d, \gamma, \\ &\quad \gamma, d, \iota, \gamma, \gamma, d, d, \gamma, \gamma, \iota, d, \gamma), \\ \vec{a} &= (1, 1, d_S, d_S, d_B, d_B, 1, 1, d_S, d_S, d_B, d_B, \\ &\quad d_B, d_B, d_B, d_B, d d_B, d d_B, d_S, d_S, d_S, d_S, d d_S, d d_S). \end{aligned} \quad (17)$$

Here, $\xi_i = \text{Tr}(P_i W_0) = d_i e^{i E_i t}$, $p = \sum_i d_i \xi_i$, $\gamma = \sum_i d_i^2$, and $\iota = \sum_i d_i^3$.

Now, we proceed to compute the matrix M^{-1} from Proposition 3 from Appendix B. We refer to Sec. 2 of Appendix C, where we consider the general properties of the matrix M defined for representation of any group. In our case, for $d \geq 4$ the matrix is invertible, and its inverse is given by (C37). We can now use formulas (13)–(17) and (C37) to finally obtain

$$\begin{aligned} \langle \|\rho_S(t) - \omega_S\|_2^2 \rangle_U &= -\frac{1}{d^2(2+d)(-3-d+3d^2+d^3)} \{4d + 4d^2 + 2d^3 - 4dd_B + 4d^3 d_B + d^4 d_B \\ &\quad - |\xi|^4(2+d)(1+d-d_B-d_S) - 4dd_S - 2d^3 d_S - 4d^4 d_S - d^5 d_S - b[2 + (-2 + 2d + 4d^2 + d^3)d_B \\ &\quad - (2 + 4d + d^2)d_S] + 4\gamma - 4d\gamma - 6d^2\gamma - 2d^3\gamma - 4d_B\gamma + 2dd_B\gamma + 5d^2 d_B\gamma + d^3 d_B\gamma - 4d_S\gamma \\ &\quad + 2dd_S\gamma + 5d^2 d_S\gamma + d^3 d_S\gamma - 2\gamma^2 - 3d\gamma^2 - d^2\gamma^2 + 2d_B\gamma^2 + dd_B\gamma^2 + 2d_S\gamma^2 + dd_S\gamma^2 \\ &\quad + 2|\xi|^2(1+d-d_B-d_S)(d+2\gamma+d\gamma) + 4\iota + 4d\iota - 4d_B\iota - 4d_S\iota + \bar{\xi}^2 \eta + d\bar{\xi}^2 \eta - d_B\bar{\xi}^2 \eta \\ &\quad - d_S\bar{\xi}^2 \eta + \xi^2 \bar{\eta} + d\xi^2 \bar{\eta} - d_B\xi^2 \bar{\eta} - d_S\xi^2 \bar{\eta} - 4p^* \xi - 4dp^* \xi + 4d_B p^* \xi + 4d_S p^* \xi - 4p\xi^* \\ &\quad - 4dp\xi^* + 4d_B p\xi^* + 4d_S p\xi^* \}. \end{aligned} \quad (18)$$

One then finds that up to the order of $1/d_B$ and a constant factor, this gives the right-hand side of (10). ■

We finish this section with two remarks. First, we note that using ideas of measure concentration [24] it is easy to show that Theorem 1 can be extended to say that the vast majority of unitaries U will have the distance $\|\rho_S(t) - \omega_S\|_2^2$ close to the average and hence the corresponding Hamiltonian will equilibrate quickly. Moreover, we can pass to the trace norm by using the norm inequality [25] $\|A\|_1 \leq \sqrt{D} \|A\|_2$, valid for any operator A acting on \mathbb{C}^D , which adds a factor of d_S (recall that we consider $d_B \gg d_S$). Second, let us recall Levy's lemma [26]:

Theorem 2. For a Lipschitz continuous function f , the following holds:

$$\Pr_{U \sim \mu_{\text{Haar}}} (|f(U) - \langle f \rangle_U| \geq \delta) \leq C e^{-cd\delta^2}, \quad (19)$$

where Pr is the probability, C, c are constants and d is the dimension of the total system.

We apply Levy's lemma to the average of Theorem 1, putting $\delta = d^{-1/3}$. After passing to the trace norm, we then obtain that with a high probability (according to the Haar

measure) the following holds:

$$\begin{aligned} & \|\rho_S(t) - \omega_S\|_1 \\ & \leq c \left\{ \frac{|\eta|}{d} + \sqrt{d_S} \frac{|\xi|^2}{d^2} - \sqrt{d_S} \frac{\gamma}{d^2} + O\left(\frac{d_S}{d_B}\right) + \sqrt{\frac{d_S}{d^{1/3}}}\right\}, \end{aligned} \quad (20)$$

where c is an absolute constant and the other notation is as in Theorem 1.

$$\begin{aligned} \frac{1}{T} \int_0^T dt \langle \|\rho_S(t) - \omega_S\|_2^2 \rangle_U &= \frac{\gamma}{d^2 d_S} + \frac{2\gamma^2}{d^4} + \frac{1}{Td^2} \sum_{j>k} \left(\frac{d_j d_k}{d_S} + \frac{d_j^2 d_k^2}{d^2} \right) \frac{\sin[2T(E_j - E_k)]}{(E_j - E_k)} \\ &+ \frac{2}{Td^4} \sum_{\substack{j>k \\ r>s \\ (rs) \neq (jk)}} d_j d_k d_r d_s \left\{ \frac{\sin[T(E_j - E_k + E_r - E_s)]}{(E_j - E_k + E_r - E_s)} + \frac{\sin[T(E_j - E_k - E_r + E_s)]}{(E_j - E_k - E_r + E_s)} \right\}. \end{aligned} \quad (21)$$

From the above it is clear that one has to take into account not only the level degeneracies d_j , but also gap degeneracies. We order the energies $E_1 < E_2 < \dots$, so that for $j > k$, $\Delta_{jk} \equiv (E_j - E_k) > 0$, and introduce the following gap degeneracy related constants:

$$\gamma_{jk} \equiv \sum_{\substack{r>s \\ (rs) \neq (jk) \\ \Delta_{rs} = \Delta_{jk}}} d_r d_s. \quad (22)$$

Then the average (21) can be rewritten as

$$\begin{aligned} & \frac{1}{T} \int_0^T dt \langle \|\rho_S(t) - \omega_S\|_2^2 \rangle_U \\ &= \frac{\gamma}{d^2 d_S} + \frac{2\gamma^2}{d^4} + 2 \sum_{j>k} \frac{\gamma_{jk} d_j d_k}{d^4} \\ &+ \frac{1}{Td^2} \sum_{j>k} \left(\frac{d_j d_k}{d_S} + \frac{d_j^2 d_k^2}{d^2} + \frac{\gamma_{jk} d_j d_k}{d^2} \right) \frac{\sin(2T \Delta_{jk})}{\Delta_{jk}} \\ &+ \frac{2}{Td^4} \sum_{\substack{j>k \\ r>s \\ (rs) \neq (jk) \\ \Delta_{rs} \neq \Delta_{jk}}} d_j d_k d_r d_s \left\{ \frac{\sin[(T(\Delta_{jk} + \Delta_{rs}))]}{\Delta_{jk} + \Delta_{rs}} \right. \\ &\left. + \frac{\sin[T(\Delta_{jk} - \Delta_{rs})]}{\Delta_{jk} - \Delta_{rs}} \right\}. \end{aligned} \quad (23)$$

From (23) it follows that the system will have a chance to equilibrate if both the energy and the energy gap degeneracies are not too big, i.e., when

$$\frac{\gamma}{d^2} = O\left(\frac{1}{d}\right), \quad (24)$$

$$\frac{1}{d^4} \sum_{j>k} \gamma_{jk} d_j d_k = O\left(\frac{1}{d}\right). \quad (25)$$

Assuming the above, we obtain the following upper bound [using the trivial estimates $|\sin x| \leq 1$ and $1/(\Delta_{jk} + \Delta_{rs}) \leq$

III. AVERAGE OVER TIME AND ENERGIES

In the previous section we have obtained expression (10), which depends only on eigenvalues. Here we will consider the average over time, for a fixed spectrum, and also the average over the Gaussian distributed spectrum.

Using Eq. (10) and averaging over a fixed time interval $[0, T]$, we find

$1/|\Delta_{jk} - \Delta_{rs}|$; by our convention all $\Delta_{jk} > 0$]:

$$\begin{aligned} & \frac{1}{T} \int_0^T dt \langle \|\rho_S(t) - \omega_S\|_2^2 \rangle_U \\ & \leq \frac{1}{T} \left\{ \sum_{j>k} \frac{d_j d_k}{d^2 d_S} \frac{1}{\Delta_{jk}} \right. \\ & \left. + 4 \sum_{\substack{j>k \\ r>s \\ (rs) \neq (jk) \\ \Delta_{rs} \neq \Delta_{jk}}} \frac{d_j d_k d_r d_s}{d^4} \frac{1}{|\Delta_{jk} - \Delta_{rs}|} \right\} + O\left(\frac{1}{d}\right). \end{aligned} \quad (26)$$

Thus for T greater than the bigger of the weighted averages,

$$T \gg \max \left\{ \frac{1}{d_S} \langle \Delta_{jk}^{-1} \rangle, \langle |\Delta_{jk} - \Delta_{rs}|^{-1} \rangle \right\}, \quad (27)$$

where

$$\langle \Delta_{jk}^{-1} \rangle \equiv \frac{1}{d^2} \sum_{j>k} \frac{d_j d_k}{\Delta_{jk}}, \quad (28)$$

$$\langle |\Delta_{jk} - \Delta_{rs}|^{-1} \rangle \equiv \frac{1}{d^4} \sum_{j>k} \sum_{\substack{r>s \\ (rs) \neq (jk) \\ \Delta_{rs} \neq \Delta_{jk}}} \frac{d_j d_k d_r d_s}{|\Delta_{jk} - \Delta_{rs}|}, \quad (29)$$

the state of the subsystem is close to the asymptotic state ω_S . This proves the first part of our main result, stated in the Introduction.

Next, we proceed to calculate the average of Eq. (10) over the eigenenergies E_i . For the purpose of this work, we will only consider a simplified situation (see Ref. [22] for a more general albeit asymptotic result), where the probability measure over E_i is (i) a product of the energies (we neglect energy repulsion); (ii) Gaussian; i.e., we consider the following distribution:

$$\varrho(E_1, \dots, E_N) = \varrho_0(E_1) \dots \varrho_0(E_N), \quad (30)$$

where N is the number of nondegenerate energy levels and

$$\varrho_0(E_j) \equiv \frac{1}{\sqrt{2\pi\sigma}} e^{-E_j^2/2\sigma^2}. \quad (31)$$

As the energy scale σ for the purpose of this work we choose $\sigma = \log_{10} d$.

The latter choice is motivated by the following reasoning. We may view a d -dimensional space as composed of $\log_{10}(d)$ abstract elementary systems (qubits). Since we want the energy to be extensive, it should then scale as $\log_{10}(d)$. Assuming the worst case scenario that the uncertainty in the energy is of the order of the energy itself leads to $\sigma = \log_{10}(d)$ and we obtain

Theorem 3. For an ensemble of random Hamiltonians, satisfying (24) and described by the Haar measure and the energy distribution (30), we have

$$\begin{aligned} & \frac{N^2 - N}{d_S} e^{-4t^2(\log_{10} d)^2} + O\left(\frac{1}{d}\right) \\ & \lesssim \langle \|\rho_S(t) - \omega_S\|_2^2 \rangle_H \\ & \lesssim (N^2 - N)^2 e^{-t^2(\log_{10} d)^2} + O\left(\frac{1}{d}\right). \end{aligned} \quad (32)$$

In the above we used the following average:

$$\begin{aligned} \langle f(t, E_1 \dots E_N) \rangle_{H_0} & \equiv \langle f(t, E_1 \dots E_N) \rangle_{\{E_k\}} \\ & \equiv \int f(t, E_1 \dots E_N) \varrho_0(E_1) \dots \varrho_0(E_N) dE_1 \dots dE_N, \end{aligned} \quad (33)$$

where $\varrho_0(E_j)$ are of the form (31).

This theorem proves our second main result, stated in point (2) in the Introduction. As mentioned there, it shows that, under the above conditions, the time of convergence of the state $\rho_S(t)$ to equilibrium scales roughly as the inverse of $\log_{10} d$, i.e., as the inverse of the volume of the total system (in contrast, in [27], it was argued that the time for the sparse random ensemble scales like the volume, i.e., $t \sim \log_{10} d$).

Proof. From Theorem 1 we need to compute the average:

$$\left\langle \frac{|\eta|^2}{d^2} \frac{1}{d_S} + \left(\frac{|\xi|^2}{d^2} - \frac{\gamma}{d^2} \right)^2 \right\rangle \quad (34)$$

over the distribution (30). Straightforward calculations, relying on the assumption that the levels are independently, identically distributed give

$$\begin{aligned} \langle \|\rho_S(t) - \omega_S\|_2^2 \rangle_H & = \frac{\gamma}{d^2 d_S} + \sum_{j \neq k} \frac{d_j^2 d_k^2}{d^4} + 2 \sum_{j \neq k \neq s} \frac{d_j^2 d_k d_s}{d^4} \langle e^{iEt} \rangle^2 + \sum_{j \neq k \neq r \neq s} \frac{d_j d_k d_r d_s}{d^4} \langle e^{iEt} \rangle^4 \\ & + 2 \sum_{j \neq k \neq s} \frac{d_j^2 d_k d_s}{d^4} \langle e^{2iEt} \rangle \langle e^{iEt} \rangle^2 + \sum_{j \neq k} \left(\frac{d_j d_k}{d^2 d_S} + \frac{d_j^2 d_k^2}{d^4} \right) \langle e^{2iEt} \rangle^2. \end{aligned} \quad (35)$$

Substituting $\langle e^{\pm iEt} \rangle = e^{-\sigma^2 t^2/2}$, we obtain

$$\begin{aligned} \langle \|\rho_S(t) - \omega_S\|_2^2 \rangle_H & = \frac{\gamma}{d^2 d_S} + \sum_{j \neq k} \frac{d_j^2 d_k^2}{d^4} + 2 \sum_{j \neq k \neq s} \frac{d_j^2 d_k d_s}{d^4} e^{-t^2 \sigma^2} + \sum_{j \neq k \neq r \neq s} \frac{d_j d_k d_r d_s}{d^4} e^{-2t^2 \sigma^2} \\ & + 2 \sum_{j \neq k \neq s} \frac{d_j^2 d_k d_s}{d^4} e^{-3t^2 \sigma^2} + \sum_{j \neq k} \left(\frac{d_j d_k}{d^2 d_S} + \frac{d_j^2 d_k^2}{d^4} \right) e^{-4t^2 \sigma^2}. \end{aligned} \quad (36)$$

The assumed condition of a not too big degeneracy (24) implies that (i)

$$\sum_{j \neq k} \frac{d_j d_k}{d^2} = O(1), \quad (37)$$

which follows from the identity $1 = \gamma/d^2 + \sum_{j \neq k} d_j d_k/d^2$ and assumed $\gamma/d^2 \ll 1$; (ii) by the same reasoning,

$$\sum_{j \neq k} \sum_{r \neq s} \frac{d_j d_k d_r d_s}{d^4} = O(1), \quad (38)$$

which follows from $1 = \gamma^2/d^4 + 2(\gamma/d^2) \sum_{j \neq k} d_j d_k/d^2 + \sum_{j \neq k} \sum_{r \neq s} d_j d_k d_r d_s/d^4$ and the first two term are $O(1/d^2)$ and $O(1/d)$, respectively; (iii) $\sum_{j \neq k} d_j^2 d_k^2/d^2 < \gamma^2/d^4 = O(1/d^2)$.

Thus the constant terms in (36) are of the order $1/d$ and hence negligible. The lower bound in (32) is obtained by neglecting in (36) everything but the leading part of the last term and using (37). To get the upper bound, we use (38)

and substitute all the exponents in (36) with the biggest one $e^{-t^2 \sigma^2}$. ■

IV. CONCLUSIONS

We have shown that the equilibration time of a small subsystem under the dynamics of a random Hamiltonian is fast, being determined by the mean inverse of the energy gaps of the Hamiltonian, which in typical cases scales as the number of particles in the system. This should be contrasted with the time scale that can be obtained from the results of [4], which is given by the inverse of the smallest energy gap of the Hamiltonian. The main message of this work is that in order to understand the equilibration time in quantum systems, one must consider more than the eigenvalues of the Hamiltonian. Indeed, the structure of the eigenvectors of the Hamiltonian appears to be of crucial importance for equilibration to happen quickly. Interestingly, asymptotic equilibration can be inferred just from the knowledge of the eigenvalues of the model, this being the main result of [4].

In our work we have shown that for almost any choice of the eigenvectors (when picked from the Haar measure), the equilibration will happen quickly. A direct consequence of our result is that we can replace the Haar measure when choosing the basis by any quantum unitary 4-design, since we only used averages over four moments of the distribution in our arguments. As random quantum circuits of the order n^4 gates form a unitary 4-design [28], this means in particular that most Hamiltonians whose eigenbases are determined by a sufficiently large quantum circuit [with more than $O(n^4)$ gates] are such that small subsystems equilibrate fast. A drawback of the result is that typically a Hamiltonian chosen in this way will be very different from realistic Hamiltonians, which should be formed by a sum of few-body terms.

Comparing our result with other works, we want to say that a similar bound to this from Eq. (10) was also obtained in [21–23], where in [23], the author used his result to prove thermalization of some classes of local Hamiltonians. What is more, the time scale of the phenomena, obtained in these works, is similar to ours, namely, that the time is given by the Fourier transform of the function of the energy and that this time is, in fact, quite short.

In particular, using our approach, one can check that with high probability, the stationary state of the system ω_S is close to the maximally mixed one. In a future work we aim to add some locality constraints to the Hamiltonian in order to become closer to the thermodynamical regime, where the system is weakly coupled to the bath, so that it is meaningful to talk about a self-Hamiltonian of the system, and the latter would equilibrate to a Gibbs state determined by that Hamiltonian. It is an interesting open problem whether one can say something about the generic case of some more realistic types of models.

Note added. Recently we became aware that similar results have been reported in [21] and [22].

ACKNOWLEDGMENTS

We would like to thank Robert Alicki for stimulating discussions. P.Ć., M.H., P.H., and J.K. are supported by Polish Ministry of Science and Higher Education Grant No. N N202 231937. F.B. is supported by a ‘‘Conhecimento Novo’’ fellowship from the Brazilian agency Fundação de Amparo a Pesquisa do Estado de Minas Gerais (FAPEMIG). J.K. acknowledges the financial support of the QCS and TOQUATA projects. Part of this work was done at the National Quantum Information Centre of Gdańsk. F.B. and M.H. acknowledge the hospitality of Mittag Leffler Institute within the program ‘‘Quantum Information Science,’’ where part of the work was done. F.B. and J.K. acknowledge the kind hospitality of the National Quantum Information Centre in Gdansk, where part of the work was completed.

APPENDIX A: PROOF OF PROPOSITION 1

We rewrite $\text{Tr}[\rho_S(t) - \omega_S]^2$ as follows (we will not put the dependence on time explicitly to shorten the notation):

$$\begin{aligned} \text{Tr}(\rho_S - \omega_S)^2 &= \text{Tr}\rho_S^2 - 2\text{Tr}\rho_S\omega_S + \text{Tr}\omega_S^2 \\ &= \text{Tr}[(\rho_{S_1} \otimes \rho_{S_2} - \rho_{S_1} \otimes \omega_{S_2} - \omega_{S_1} \otimes \rho_{S_2} \\ &\quad + \omega_{S_1} \otimes \omega_{S_2})\mathbb{V}_{S_1:S_2}] \end{aligned}$$

$$\begin{aligned} &= \text{Tr}(\rho_1 \otimes \rho_2 \mathbb{F}) - \text{Tr}(\rho_1 \otimes \omega_2 \mathbb{F}) \\ &\quad - \text{Tr}(\omega_1 \otimes \rho_2 \mathbb{F}) + \text{Tr}(\omega_1 \otimes \omega_2 \mathbb{F}), \end{aligned} \quad (\text{A1})$$

where the label $i = 1, 2, 3, 4$ denotes copies of the original system $S_i B_i$, so that, e.g., $\rho_1 = \rho_{S_1 B_1}$.

Consider now the first term. Writing $\rho_{S_B} = e^{-iHt} \rho_{S_B} e^{iHt}$ we obtain

$$\begin{aligned} \text{Tr}(\rho_1 \otimes \rho_2 \mathbb{F}) &= \text{Tr}(e^{-iHt} \sigma e^{iHt} \otimes e^{-iHt} \sigma e^{iHt} \mathbb{F}) \\ &= \text{Tr}(\sigma_1 \otimes \sigma_2 W_1 \otimes W_2 \mathbb{F} W_1^\dagger \otimes W_2^\dagger). \end{aligned} \quad (\text{A2})$$

We can now use Eq. (9), putting $C_{12} = \sigma_1 \otimes \sigma_2$, $D_{12} = \mathbb{F}$, $A = B = W$. As a result we obtain

$$\begin{aligned} \text{Tr}(\rho_1 \otimes \rho_2 \mathbb{F}) &= \text{Tr}[\mathbb{V}_{12:34}(W_1 \otimes W_2 \otimes W_1^\dagger \otimes W_2^\dagger)] \\ &= \text{Tr}[\mathbb{V}_{12:34} U^{\otimes 4}(W_0 \otimes W_0 \otimes W_0^\dagger \otimes W_0^\dagger) U^{\dagger \otimes 4}]. \end{aligned} \quad (\text{A3})$$

In a similar way we get

$$\begin{aligned} \text{Tr}(\rho_1 \otimes \omega_2 \mathbb{F}) &= \sum_i \text{Tr}[\mathbb{V}_{12:34} U^{\otimes 4}(W_0 \otimes P_i \otimes W_0^\dagger \otimes P_i) U^{\dagger \otimes 4}], \\ \text{Tr}(\omega_1 \otimes \rho_2 \mathbb{F}) &= \sum_i \text{Tr}[\mathbb{V}_{12:34} U^{\otimes 4}(P_i \otimes W_0 \otimes P_i \otimes W_0^\dagger) U^{\dagger \otimes 4}] \\ \text{Tr}(\omega_1 \otimes \omega_2 \mathbb{F}) &= \sum_{ij} \text{Tr}[\mathbb{V}_{12:34} U^{\otimes 4}(P_i \otimes P_j \otimes P_i \otimes P_j) U^{\dagger \otimes 4}]. \end{aligned} \quad (\text{A4})$$

If we now insert (A4) and (A3) into (A1) we obtain the desired result (6).

APPENDIX B: AVERAGES

We prove here a few auxiliary facts.

Proposition 2. For $\pi \in S_n$ being a cycle, we have

$$\text{Tr}(V_\pi A_1 \otimes \dots \otimes A_n) = \text{Tr}(A_{\pi(1)} \dots A_{\pi(n)}). \quad (\text{B1})$$

Proof. By direct inspection.

Proposition 3. Consider the twirling operation τ_n given by $\tau_n(\cdot) = \int dU U^{\otimes n}(\cdot) U^{\otimes n \dagger}$. Then for any operators A and B acting on $(C^d)^{\otimes n}$ we have

$$\text{Tr}[A \tau_n(B)] = \langle \vec{a} | M^{-1} | \vec{b} \rangle, \quad (\text{B2})$$

where $\vec{a} = (a_\pi)_{\pi \in S_n}$, $\vec{b} = (b_\pi)_{\pi \in S_n}$, with $a_\pi = \text{Tr} A V_{\pi^{-1}}$, $b_\pi = \text{Tr} B V_{\pi^{-1}}$. The matrix M is given by $M_{\pi,\sigma} = \langle V_\pi | V_\sigma \rangle = \text{Tr}(V_{\pi^{-1}} V_\sigma)$.

Proof. It is easy to check that the twirling operation is an orthogonal projector in the Hilbert-Schmidt space of operators, with the scalar product $\langle A | B \rangle = \text{Tr}(A^\dagger B)$. It projects onto the space spanned by the permutation operators V_π . Then from Proposition 4 we have that

$$\text{Tr}[A^\dagger \tau(B)] = \sum_{\pi,\sigma} \langle A | V_\pi \rangle (M^{-1})_{\pi,\sigma} \langle V_\sigma | B \rangle. \quad (\text{B3})$$

However $\langle A | V_\pi \rangle = \text{Tr}(A^\dagger V_\pi) = a_\pi^*$ and similarly $\langle V_\sigma | B \rangle = b_\sigma$, where $*$ stands for complex conjugate. This ends the proof.

Proposition 4. Let $\{\psi_i\}$ be an arbitrary set of vectors from the Hilbert space \mathcal{H} . Let M be the matrix of the elements from the set: $M_{ij} = \langle \psi_i | \psi_j \rangle$, and let us denote by M^{-1}

the pseudoinverse of M , i.e., the unique matrix satisfying $M^{-1}M = MM^{-1} = Q$, where Q is an orthogonal projection onto a support of the matrix M (Q is the orthogonal projection onto the range of M). Then the orthogonal projector P onto the subspace spanned by $\{\psi_i\}$ can be written as

$$P = \sum_{ij} X_{ij} |\psi_i\rangle \langle \psi_j|, \tag{B4}$$

where X_{ij} are elements of matrix X and by X we mean $X = M^{-1}$, so the pseudoinverse of matrix M .

Proof. We must show that the operator P is indeed an orthogonal projection, i.e., that $P = P^2$. Let start our proof by writing the following expression for the P^2 :

$$\begin{aligned} P^2 &= \sum_{ijkl} X_{ij} X_{kl} |\psi_i\rangle \langle \psi_j| \langle \psi_k| \langle \psi_l| \\ &= \sum_{ijkl} X_{ij} X_{kl} |\psi_i\rangle \langle \psi_l| M_{jk} \\ &= \sum_{ijl} X_{ij} |\psi_i\rangle \langle \psi_l| \sum_k M_{jk} X_{kl}, \end{aligned} \tag{B5}$$

where we use definition of M from Proposition 4. We can now express our equation in terms of Q and use this to obtain the desired result

$$\begin{aligned} P^2 &= \sum_{ijl} X_{ij} |\psi_i\rangle \langle \psi_l| Q_{jl} = \sum_{il} \left(\sum_j X_{ij} Q_{jl} \right) |\psi_i\rangle \langle \psi_l| \\ &= \sum_{il} (XQ)_{il} |\psi_i\rangle \langle \psi_l| = \sum_{il} X_{il} |\psi_i\rangle \langle \psi_l| = P, \end{aligned} \tag{B6}$$

since according to Proposition 4 $MQ = QM = M$ and $XQ = QM = X$.

APPENDIX C: INVERSE OF THE MATRIX M

In this section we derive properties of the matrix M which were needed in the proof of Theorem 1.

1. Properties of M matrix for general representations

We will first introduce some notation. Denote by G an arbitrary finite group, $|G| = n$. Let

$$D^\alpha : G \rightarrow Hom(\mathcal{H}^\alpha); \quad \alpha = 1, 2, \dots, r; \quad \dim \mathcal{H}^\alpha = d_\alpha \tag{C1}$$

be all inequivalent, irreducible representations (irrep) (not necessarily unitary) of G and let

$$D^\alpha(g) = (D_{ij}^\alpha(g)); \quad i, j = 1, 2, \dots, d_\alpha \tag{C2}$$

be their matrix forms where $D^1(g) = 1$ is the trivial representation. By

$$\chi^\alpha(g) = \text{Tr}[D_{ij}^\alpha(g)], \tag{C3}$$

we denote the corresponding irreducible character (ICH). We now define our main object, the matrix M^D .

Definition 1. Let $D : G \rightarrow Hom(\mathcal{H})$ be any representation (not necessarily unitary) of G . Define a matrix $M \in M(n, \mathbb{C})$:

$$\begin{aligned} M^D &= (m_{gh}) = (\text{Tr}[D^{-1}(g)D(h)]) \\ &= (\text{Tr}[D(g^{-1}h)]) = (\chi^D(g^{-1}h)). \end{aligned} \tag{C4}$$

We apply this definition to irreducible representations D^α :

Definition 2. For irreducible representations D^α we define the corresponding matrices

$$\begin{aligned} M^\alpha &= (m_{gh}^\alpha) = (\text{Tr}(D^\alpha)^{-1}(g)D^\alpha(h)) \\ &= (\text{Tr}[D^\alpha(g^{-1}h)]) = (\chi^\alpha(g^{-1}h)). \end{aligned} \tag{C5}$$

Thus from the definition of M^α , it follows that in order to calculate the entries of M^α we do not need to know explicitly irrep D^α , but only ICH χ^α .

Now we shall express the matrix M^D by means of the matrices M^α . Namely, from the decompositions

$$D = \oplus_{\alpha=1}^r k_\alpha D^\alpha; \quad k_\alpha \in \mathbb{N} \cup \{0\} \Rightarrow \chi^D = \sum_{\alpha=1}^r k_\alpha \chi^\alpha, \tag{C6}$$

where k_α is the multiplicity of irrep D^α in D and from the character properties we get

Proposition 5. Matrices M^α are Hermitian and

$$M^D = \sum_{\alpha=1}^r k_\alpha M^\alpha \Rightarrow (M^D)^+ = M^D. \tag{C7}$$

The sum of elements in each row and column of the matrix M^D is equal to nk_1 . Further, using orthogonality relations for ICH,

$$\frac{1}{n} \sum_{g \in G} \chi^\alpha(g) \chi^\beta(g^{-1}) = \delta_{\alpha\beta}, \tag{C8}$$

which one can derive from Schur's lemma, one can prove

Proposition 6. The matrices M^α are proportional to orthogonal projectors:

$$M^\alpha M^\beta = \frac{n}{d_\alpha} \delta^{\alpha\beta} M^\alpha, \tag{C9}$$

whereas the matrices $P^\alpha = \frac{d_\alpha}{n} M^\alpha$ form the complete set of orthogonal projectors:

$$P^\alpha P^\beta = \delta^{\alpha\beta} P^\alpha; \quad \sum_{\alpha=1}^r P^\alpha = \mathbf{1}; \quad (P^\alpha)^+ = P^\alpha. \tag{C10}$$

In particular the matrices M^α and P^α mutually commute.

This already gives us eigenvalues of the matrix M^D in terms of dimensions d_α and multiplicities of the irreps, which allows us to derive the formula for the inverse of M^D , whenever it exists (see Theorem 5). We can however also find eigenvectors in terms of matrix elements of irreps. Namely, consider n vectors in \mathbb{C}^n whose entries are defined by the matrix elements of irrep D^α in the following way:

$$\begin{aligned} U_{ij}^\alpha &= (D_{ij}^\alpha(g^{-1})) \in \mathbb{C}^n; \quad g \in G; \quad \alpha = 1, 2, \dots, r; \\ i, j &= 1, 2, \dots, d_\alpha, \end{aligned} \tag{C11}$$

where α, i, j label the vectors U_{ij}^α and $g \in G$ label the entries of the vector $U_{ij}^\alpha \in \mathbb{C}^n$, i.e., the vector U_{ij}^α has the form

$$(U_{ij}^\alpha)^T = (D_{ij}^\alpha(g_1^{-1}), D_{ij}^\alpha(g_2^{-1}), \dots, D_{ij}^\alpha(g_n^{-1})) \in \mathbb{C}^n, \tag{C12}$$

and in particular

$$(U^1)^T = (1, 1, \dots, 1) \in \mathbb{C}^n. \tag{C13}$$

It turns out that these vectors are eigenvectors of the matrices M^α :

Proposition 7. The U_{ij}^α are linearly independent and they are eigenvectors for matrices M^α and P^α ; i.e.,

$$M^\alpha U_{ij}^\beta = \delta^{\alpha\beta} \frac{n}{d_\alpha} U_{ij}^\beta; \quad P^\alpha U_{ij}^\beta = \delta^{\alpha\beta} U_{ij}^\beta. \quad (C14)$$

If the irrep D^α are unitary then the vectors U_{ij}^α are orthogonal with respect to the standard scalar product in \mathbb{C}^n .

Proof. In order to prove this Proposition we will need:

Proposition 8. Let $\chi : G \rightarrow \mathbb{C}$ be any character of the group G (or even any central function on G) and D^α be an irrep of G . Then

$$\Phi : \mathcal{H}^\alpha \rightarrow \mathcal{H}^\alpha; \quad \Phi_{ij} = \sum_{g \in G} \overline{\chi(g)} D_{ij}^\alpha(g) = \frac{n}{d_\alpha} (\chi^\alpha, \chi) \delta_{ij}, \quad (C15)$$

where (\cdot, \cdot) is a scalar product in the space \mathbb{C}^G .

Now we can prove Proposition 7.

Proof.

$$(M^\alpha U_{ij}^\beta)_g = \sum_h \overline{\chi^\alpha(g^{-1}h)} D_{ij}^\beta(h^{-1}). \quad (C16)$$

We set

$$u^{-1} = g^{-1}h, \quad (C17)$$

then

$$(M^\alpha U_{ij}^\beta)_g = \sum_u \overline{\chi^\alpha(u)} D_{in}^\beta(u) D_{nj}^\beta(g^{-1}). \quad (C18)$$

Now we use the above proposition and the fact that ICH of G are orthonormal, i.e., $(\chi^\alpha, \chi^\beta) = \delta^{\alpha\beta}$, and we get

$$\begin{aligned} (M^\alpha U_{ij}^\beta)_g &= \sum_n \delta^{\alpha\beta} \frac{n}{d_\alpha} \delta_{in} D_{nj}^\beta(g^{-1}) = \delta^{\alpha\beta} \frac{n}{d_\alpha} D_{ij}^\beta(g^{-1}) \\ &= \delta^{\alpha\beta} \frac{n}{d_\alpha} (U_{ij}^\beta)_g. \end{aligned} \quad (C19)$$

As an easy corollary from Proposition 7 we get the following theorem concerning the eigenproblem for the matrix M^D :

Theorem 4. The vectors U_{ij}^β are eigenvectors for the matrix M^D , i.e.,

$$M^D U_{ij}^\beta = k_\beta \frac{n}{d_\beta} U_{ij}^\beta, \quad (C20)$$

and the eigenvalues of M^D are the following:

$$\lambda_\beta \equiv k_\beta \frac{n}{d_\beta}. \quad (C21)$$

The spectral decomposition of M^D thus reads

$$M^D = \sum_{\alpha=1}^r \lambda_\alpha P^\alpha, \quad (C22)$$

where the eigenprojectors P^α are defined in Proposition 6. Directly from this theorem follows

Corollary 1.

(1) The matrix M^D is invertible if each multiplicity k_α in the decomposition

$$\chi^D = \sum_{\alpha=1}^r k_\alpha \chi^\alpha \Leftrightarrow M^D = \sum_{\alpha=1}^r k_\alpha M^\alpha \quad (C23)$$

is nonzero.

(2) For a given α the vectors U_{ij}^α , $i, j = 1, 2, \dots, d_\alpha$, span the eigenspace for the eigenvalue λ_α , so the multiplicity of λ_α is equal to d_α^2 .

(3) The eigenvectors U_{ij}^α do not depend on the representation $D : G \rightarrow Hom(V)$, whereas the eigenvalues λ_α depend on the representation $D : G \rightarrow Hom(V)$ via multiplicities k_α .

(4) We have also

$$\begin{aligned} \det M^D &= \prod_{\alpha=1}^r \left(k_\alpha \frac{n}{d_\alpha} \right)^{d_\alpha^2}, \\ \text{Tr} M^D &= \sum_{\alpha=1}^r n k_\alpha d_\alpha = n \dim D. \end{aligned}$$

Thus in order to calculate the eigenvalues λ_α of the matrix M^D we need only the multiplicities k_α of irrep D^α in the representation D (the dimensions d_α and rank $n = |G|$ are known). From the above spectral decomposition we get

Corollary 2. If the matrix $M^D = \sum_{\alpha=1}^r k_\alpha M^\alpha$ is invertible ($\Leftrightarrow k_\alpha \geq 1$) then

$$(M^D)^{-1} = \sum_{\alpha=1}^r \lambda_\alpha^{-1} P^\alpha = \sum_{\alpha=1}^r \frac{d_\alpha}{n k_\alpha} P^\alpha = \frac{1}{n^2} \sum_{\alpha=1}^r \frac{d_\alpha^2}{k_\alpha} M^\alpha. \quad (C24)$$

In fact this formula expresses the entries of the matrix $(M^D)^{-1}$ in terms of ICH; namely we have

$$(M^D)^{-1}_{gh} = \frac{1}{n^2} \sum_{\alpha=1}^r \frac{d_\alpha^2}{k_\alpha} \chi^\alpha(g^{-1}h); \quad (C25)$$

i.e., all we need to calculate $(M^D)^{-1}$ are ICH and the multiplicities k_α of irrep D^α in the representation D .

Remark 2. It is known [29] that one can calculate the multiplicities k_α of irrep D^α in an arbitrary representation R of the group G using the following formula:

$$k_\alpha = (\chi^R, \chi^\alpha) \equiv \frac{1}{n} \sum_{g \in G} \chi^R(g) \chi^\alpha(g^{-1}), \quad (C26)$$

where (χ^R, χ^α) is the scalar product in the linear space of central functions on the group G .

Finally, we want to express the inverse of M^D as a polynomial of M^D . To this end, note that from the Hermiticity of the matrix M^D it follows that the rank of the minimal polynomial of M^D is equal to r and the coefficients of this polynomial are determined by r pairwise distinct eigenvalues of M^D . Thus it is possible to write the matrix $(M^D)^{-1}$ as a polynomial of degree $r - 1$ in M^D . In fact we have

Theorem 5. Let

$$W(x) = x^r + s_{r-1}x^{r-1} + \dots + s_1x + s_0 \quad (C27)$$

be a minimal polynomial of the matrix M^D ; i.e., $W(M^D) = 0$. Then if $s_0 \neq 0$,

$$(M^D)^{-1} = \frac{-1}{s_0} [(M^D)^{r-1} + s_{r-1}(M^D)^{r-2} + \dots + s_2M^D + s_1]. \quad (C28)$$

This formula expresses the inverse of the matrix M^D as a polynomial function of itself. In the next section we shall apply these results to our representation.

2. Applications

In this subsection we will apply the above results to a particular representation of the symmetric group S_n .

Definition 3. Let $H = \otimes_{i=1}^n \mathbb{C}^d$, so $\dim H = d^n$. We define the representation D of the group S_n in the space H by means of operators which swap subsystems:

$$\forall \sigma \in S_n \quad D(\sigma)(e_{i_1} \otimes e_{i_2} \otimes \dots \otimes e_{i_n}) = e_{\sigma^{-1}(i_1)} \otimes e_{\sigma^{-1}(i_2)} \otimes \dots \otimes e_{\sigma^{-1}(i_n)}, \quad (C29)$$

where $\{e_i\}_{i=1}^d$ is a basis of \mathbb{C}^d . In other words $D(\sigma) = V_\sigma$, using notation from previous sections.

An important property of any representation is its character and in this case it is not very difficult to prove that

Proposition 9. The character of the representation $D : S_n \rightarrow Hom(H)$ has the following form:

$$\forall \sigma \in S_n \quad \chi^D(\sigma) = d^{l(\sigma)}, \quad (C30)$$

where $l(\sigma)$ is the number of cycles in the cycle decomposition of $\sigma \in S_n$. It follows that in the case of the representation D of S_n the matrix M^D has the form

$$M^D = (m_{\sigma\pi}) = (\chi^D(\sigma^{-1}\pi)) = (d^{l(\sigma^{-1}\pi)}). \quad (C31)$$

Example 1. For the group S_3 the matrix M^D is the following:

$$M^D = \begin{pmatrix} d^3 & d^2 & d^2 & d^2 & d & d \\ d^2 & d^3 & d & d & d^2 & d^2 \\ d^2 & d & d^3 & d & d^2 & d^2 \\ d^2 & d & d & d^3 & d^2 & d^2 \\ d & d^2 & d^2 & d^2 & d^3 & d \\ d & d^2 & d^2 & d^2 & d & d^3 \end{pmatrix}. \quad (C32)$$

From Theorem 4 and Corollary 1 of the previous subsection it follows that in order to describe the basic properties of the matrix M^D , in particular its eigenvalues and the inverse $(M^D)^{-1}$, one has to calculate the multiplicities k_α of irrep D^α in the representation D . Using the formula from Remark 2 and the character tables for S_3 and S_4 [29] one gets

Proposition 10.

(1) The multiplicity coefficients k_α for S_3 are the following:

$$k_1 = \frac{1}{6}(d^3 + 3d^2 + 2d); \quad k_2 = \frac{1}{6}(d^3 - 3d^2 + 2d); \quad k_3 = \frac{1}{3}(d^3 - d). \quad (C33)$$

(2) The multiplicity coefficients k_α in the case of S_4 are of the form

$$\begin{aligned} k_1 &= \frac{1}{4!}d(d+1)(d+2)(d+3); \\ k_2 &= \frac{1}{4!}d(d-1)(d-2)(d-3); \\ k_3 &= \frac{2}{4!}d^2(d^2-1); \\ k_4 &= \frac{3}{4!}d(d^2-1)(d-2); \\ k_5 &= \frac{3}{4!}d(d^2-1)(d+2). \end{aligned} \quad (C34)$$

From Theorem 4 we get immediately the values of the corresponding eigenvalues and then from Corollary 1 and Theorem 5 we get

Theorem 6. For S_3 we have

$$M^{-1} = \frac{1}{d^3(d^2-1)^2(d^2-4)} \times [M^2 - 3d(d^2+1)M + 3d^4(d^2-1)\mathbf{1}], \quad (C35)$$

where $d \neq 1, 2$ and

$$M^{-1} = \frac{1}{s_3} \begin{pmatrix} a_{11} & a_{12} & a_{13} & a_{14} & a_{15} & a_{16} \\ a_{21} & a_{22} & a_{23} & a_{24} & a_{25} & a_{26} \\ a_{31} & a_{32} & a_{33} & a_{34} & a_{35} & a_{36} \\ a_{41} & a_{42} & a_{43} & a_{44} & a_{45} & a_{46} \\ a_{51} & a_{52} & a_{53} & a_{54} & a_{55} & a_{56} \\ a_{61} & a_{62} & a_{63} & a_{64} & a_{65} & a_{66} \end{pmatrix}, \quad (C36)$$

where

$$\begin{aligned} a_{11} &= d^6 - 3d^4 + 2d^2; & a_{12} &= d^3 - d^5; & a_{13} &= d^3 - d^5; \\ a_{14} &= d^3 - d^5; & a_{15} &= 2d^4 - 2d^2; & a_{16} &= 2d^4 - 2d^2; \\ a_{21} &= d^3 - d^5; & a_{22} &= d^6 - 3d^4 + 2d^2; & a_{23} &= 2d^4 - 2d^2; \\ a_{24} &= 2d^4 - 2d^2; & a_{25} &= d^3 - d^5; & a_{26} &= d^3 - d^5; \\ a_{31} &= d^3 - d^5; & a_{32} &= 2d^4 - 2d^2; & a_{33} &= d^6 - 3d^4 + 2d^2; \\ a_{34} &= 2d^4 - 2d^2; & a_{35} &= d^3 - d^5; & a_{36} &= d^3 - d^5; \\ a_{41} &= d^3 - d^5; & a_{42} &= 2d^4 - 2d^2; & a_{43} &= 2d^4 - 2d^2; \\ a_{44} &= d^6 - 3d^4 + 2d^2; & a_{45} &= d^3 - d^5; & a_{46} &= d^3 - d^5; \\ a_{51} &= 2d^4 - 2d^2; & a_{52} &= d^3 - d^5; & a_{53} &= d^3 - d^5; \\ a_{54} &= d^3 - d^5; & a_{55} &= d^6 - 3d^4 + 2d^2; & a_{56} &= 2d^4 - 2d^2; \\ a_{61} &= 2d^4 - 2d^2; & a_{62} &= d^3 - d^5; & a_{63} &= d^3 - d^5; \\ a_{64} &= d^3 - d^5; & a_{65} &= 2d^4 - 2d^2; & a_{66} &= d^6 - 3d^4 + 2d^2 \end{aligned}$$

and $s_3 = d^3(d^2-1)^2(d^2-4) = 9d^5 - 4d^3 - 6d^7 + d^9$.

In a similar way we obtain the result we used to prove Theorem 1.

Theorem 7. For S_4 we have

$$M^{-1} = \frac{1}{s_5}(M^4 - s_1M^3 + s_2M^2 - s_3M^1 + s_4\mathbf{1}), \quad (C37)$$

where $d \neq 1, 2, 3$ and

$$\begin{aligned} s_1 &= d^2(5d^2 + 19); \\ s_2 &= 2d^2(d^2-1)(5d^4 + 23d^2 + 20); \\ s_3 &= 2d^4(d^2-1)^2(5d^4 + 7d^2 + 12); \\ s_4 &= d^4(d^2-1)^3(d^2-4)(5d^4 - 9d^2 + 36); \\ s_5 &= d^6(d^2-1)^4(d^2-4)^2(d^2-9). \end{aligned} \quad (C38)$$

3. Miscellaneous facts about matrix M^D

It turns out that the matrix M^D may be written as a linear combination of adjacency matrices of the so-called commutative association scheme (see [30]) determined by the class structure of the group G .

Definition 4. Let $C_1 = \{e\}, C_2, \dots, C_r$ be the conjugacy classes of the group G . We define the i th relation R_i on $G \times G$ in the following way:

$$(g, h) \in R_i \iff g^{-1}h \in C_i.$$

Then the pair $(G, \{R_i\}_{i=1}^r)$ is a commutative association scheme and by A_i we denote the corresponding adjacency matrices

which are matrices of degree $|G| = n$ whose rows and columns are indexed by the elements G and whose entries are

$$(A_i)_{(g,h)} = \begin{cases} 1 & \text{if } (g,h) \in R_i, \\ 0 & \text{if } (g,h) \notin R_i. \end{cases}$$

So i th adjacency matrix A_i is a 0,1 matrix.

Proposition 11 [30].

- (1) $A_1 = \mathbf{1}$, the identity matrix.
- (2) $\sum_{k=1}^r A_k = J$, where J is the matrix whose entries are all 1.

- (3) $A_k^i = A_{k'}$ for some $k' \in \{1, \dots, r\}$.
- (4) $A_i A_j = \sum_{k=1}^r p_{ij}^k A_k \quad \forall i, j, k \in \{1, \dots, r\}$.
- (5) $p_{ij}^k = p_{ji}^k \quad \forall i, j, k \in \{1, \dots, r\} \quad \Leftrightarrow \quad A_i A_j = A_j A_i \quad \forall i, j \in \{1, \dots, r\}$.

The matrix M^D may be written as a linear combination of the adjacency matrices in the following way:

Proposition 12.

$$M^D = \sum_{i=1}^r \chi^D(C_i) A_i.$$

[1] S. Goldstein, J. L. Lebowitz, R. Tumulka, and N. Zanghi, *Eur. Phys. J. H* **35**, 173 (2010).

[2] J. Gemmer, M. Michel, and G. Mahler, *Quantum Thermodynamics*, Vol. 657 of *Lecture Notes in Physics* (Springer, Berlin, 2004).

[3] H. Tasaki, *Phys. Rev. Lett.* **80**, 1373 (1998).

[4] N. Linden, S. Popescu, A. J. Short, and A. Winter, *Phys. Rev. E* **79**, 061103 (2009).

[5] S. Goldstein, J. L. Lebowitz, C. Mastrodonato, R. Tumulka, and N. Zanghi, *Phys. Rev. E* **81**, 011109 (2010).

[6] P. Reimann, *Phys. Rev. Lett.* **101**, 190403 (2008).

[7] Z.-X. Gong and L. Duan, [arXiv:1109.4696](https://arxiv.org/abs/1109.4696).

[8] M. Rigol, V. Dunjko, and M. Olshanii, *Nature (London)* **452**, 854 (2008).

[9] M. Rigol, *Phys. Rev. Lett.* **103**, 100403 (2009).

[10] A. C. Cassidy, C. W. Clark, and M. Rigol, *Phys. Rev. Lett.* **106**, 140405 (2011).

[11] M. C. Banuls, J. I. Cirac, and M. B. Hastings, *Phys. Rev. Lett.* **106**, 050405 (2011).

[12] M. Cramer and J. Eisert, *New J. Phys.* **12**, 055020 (2010).

[13] C. Gogolin, M. P. Müller, and J. Eisert, *Phys. Rev. Lett.* **106**, 040401 (2011).

[14] M. Cramer, C. M. Dawson, J. Eisert, and T. J. Osborne, *Phys. Rev. Lett.* **100**, 030602 (2008).

[15] A. R. Usha Devi and A. K. Rajagopal, *Phys. Rev. E* **80**, 011136 (2009).

[16] I. Bloch, J. Dalibard, and W. Zwerger, *Rev. Mod. Phys.* **80**, 885 (2008).

[17] T. Kinoshita, T. Wenger, and D. S. Weiss, *Nature (London)* **440**, 900 (2006).

[18] S. Hofferberth, I. Lesanovsky, B. Fischer, T. Schumm, and J. Schmiedmayer, *Nature (London)* **449**, 324 (2007).

[19] A. J. Short and T. C. Farrelly, *New J. Phys.* **14**, 013063 (2012).

[20] R. F. Werner, *Phys. Rev. A* **40**, 4277 (1989).

[21] Vinayak and M. Znidaric, *J. Phys. A* **45**, 125204 (2012).

[22] L. Masanes, A. J. Roncaglia, and A. Acin, [arXiv:1108.0374](https://arxiv.org/abs/1108.0374).

[23] M. Cramer, *New J. Phys.* **14**, 053051 (2012).

[24] S. Chatterjee, *J. Funct. Anal.* **245**, 379 (2007).

[25] R. A. Horn and C. R. Johnson, *Matrix Analysis* (Cambridge University Press, Cambridge, 1985).

[26] S. Popescu, A. J. Short, and A. Winter, *Nat. Phys.* **2**, 754 (2006).

[27] G. P. Brandino, A. De Luca, R. M. Konik, and G. Mussardo, *Phys. Rev. B* **85**, 214435 (2012).

[28] F. G. S. L. Brandão, A. Harrow, and M. Horodecki, [arXiv:1208.0692](https://arxiv.org/abs/1208.0692).

[29] W. Fulton and J. Harris, *Representation Theory: A First Course* (Springer-Verlag, New York, 1991).

[30] E. Bannai and T. Ito, *Algebraic Combinatorics I* (Benjamin/Cumming Publishing Company, London, 1984).